



Public Legal Education
and Information Service
of New Brunswick

Snapshot of Programs and Services for Youth



Acknowledgements

Public Legal Education and Information Service of New Brunswick (PLEIS-NB) is a non-profit organization that was set up in 1989. Its goal is to provide New Brunswickers with information on the law. As a result of the Youth Justice Renewal Initiative that was announced by Justice Canada in 1998, PLEIS-NB worked with an advisory committee on several youth justice projects, including the development of this Snapshot. The committee included:

NB Department of Public Safety
NB Department of Justice
NB Department of Education
Youth in Transition
The John Howard Society of NB
Centre for Research on Youth at Risk, St. Thomas University
Youth Connexions Jeunesse
Atlantic Alliance for Children and Youth
Provincial Caring Partnerships Committee
Canada/NB Community Mobilization Program
NB Youth Council

This project was funded by Justice Canada.

Published by:



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Published March 2001
Revised: March 2004
Revised: March 2007

ISBN: 978-1-55396-941-9

Purpose of this Publication

This publication is a "snapshot" of programs and services for youth in New Brunswick. It is not intended to be an exhaustive directory of all programs and services.

Youth get into trouble for many reasons. Often it is because they are bored, lack skills to find a job, do not have support from a caring adult and so on. The purpose of this Snapshot is to provide an overview of the programs and services that can help youth develop positive attributes such as leadership and communication skills, find support and counselling for particular problems, discover opportunities for enhancing their own capacities, and sometimes, simply keep busy and have fun. Fortunately, many people in the community recognize that one of the best ways to support youth at risk of getting into trouble is to address the underlying risk factors. Programs which foster academic skills, build self-esteem, promote positive peer interaction, and improve life skills can have a positive impact on youth and help reduce youth crime.

This Snapshot is intended to provide a starting place for individuals and agencies attempting to direct youth toward appropriate and meaningful activities. Whether it is helping a youth to find a sport, get a tutor, join a drama class or seek addiction counselling, the opportunity to participate in such programs can be instrumental in supporting youth. Together we can offer youth some of the tools necessary to make healthy choices about their lives.

Who Should Use the Youth Services Snapshot

This Snapshot will be of use to police officers, corrections workers, teachers, parents and others in the community who are striving to support youth generally and youth at risk in particular. It might help in identifying the range of programs and services available to assist a particular youth.

How to Use the Youth Services Snapshot

The Snapshot is organized in two ways:

Subject Index: Categorizes programs and services by several broad subjects.

Alphabetical Index: Lists all of the organizations referred to in the guide alphabetically.

Many of the agencies listed in the guide are provincial associations. They can put the user in touch with local branches and organizations involved in a particular activity. If a provincial office or contact is not indicated, the organization provides service to the local area noted.

Please Contact PLEIS-NB with Additions and Suggestions

We will be updating the Internet version of the Snapshot on a regular basis. Revision and reprinting of hard copies will occur less often. If you would like to have your organization listed on our Internet site or added to the published edition of the Snapshot please let us know. Also, if your organization is already listed but contact information has changed, we would appreciate notification. You can contact us at PLEIS-NB:

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P.O. Box 6000
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Fax: (506) 462-5193
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I. EDUCATION

A. Homework Clubs, Tutoring Services, Reading Programs

Advocacy for Youth

Alternative School Programs

Offers counseling and intervention school-based programs for grades 6-12. The goal is to motivate students to deal realistically with the reasons they are unsuccessful in school. Students are given the opportunity to learn one-on-one and eventually participate in group learning sessions.
Fredericton 444-4711

Job Readiness Program

Offers help and preparation for the work force to youth finishing school or having difficulty with school.
Fredericton 454-5437

Boys & Girls Club

Educational programs offered include reading circles, homework clubs, tutoring services, Mechanics for Youth, and Partners for Alternative Learning Strategies (PAL). Check your local Boys & Girls Club to see what is available in your area.

Dieppe	857-3807	Eel River Bar	684-6277
Fredericton	453-1388	Grand Manan	662-3653
Havelock	534-8298	Miramichi	778-2444
Moncton	853-7356	Moncton East End	857-0358
Petitcodiac	756-2841	Riverview	387-7070
Salisbury	372-5873	Saint John	847-0816
St. Stephen	466-4300	Web Site: www.bgccan.com	

Hawkins-Neville Community Centre

Offers a community Academic Service Program for youth having difficulty in school.
Fredericton 453-6671

Kumon Centre

Offers math and reading programs for youth aged 5 – 16 years.
Toll-free 1-800-222-6284 (National office)
Fredericton 472-0203

Learnex

The Home Work School program for grades 5 - 9 operates from October to May.
Saint John 648-0202

B. Learning Skills, Literacy, Computer Training

Boys & Girls Club

Offers Computer Labs, Mechanics for Youth, and Partners for Alternative Learning Strategies (PAL). Check your local Boys & Girls Club to see what is available in your area.

Dieppe	857-3807	Eel River Bar	684-6277
Fredericton	453-1388	Grand Manan	662-3653
Havelock	534-8298	Miramichi	778-2444
Moncton	853-7356	Moncton East End	857-0358
Petitcodiac	756-2841	Riverview	387-7070
Salisbury	372-5873	Saint John	847-0816
St. Stephen	466-4300	Web Site: www.bgccan.com	

Carleton-Victoria Community Vocational Board

Offers computer training for young people.

Perth-Andover	273-6866
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Connect NB Branché – Community Access Centres

There are over 200 Community Access Centres across New Brunswick in schools, libraries and community centres. The goal is to provide affordable internet access for the public, specifically those in rural communities. To find a site near you visit the web site or call the toll-free number.

Toll-free	1-877-444-0510
Web site	www.cnbb.nb.ca

St. Joseph's Community Health Centre

Offers a Computer Access Centre from 10 a.m. – 5 p.m., Monday to Friday. This service is free of charge. Free tutoring in all subjects is also available at the Centre.

Saint John	632-5537
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New Brunswick Advisory Council on Youth

Provides information to youth on topics such as education, employment and training, and can provide contacts for local youth-serving agencies. Information is available on the New Brunswick Advisory Council on Youth website.

Web site:	www.gnb.ca/0049
Fredericton	453-3271

Junior Achievement

Offers educational programs for different age groups. Some programs offered are: In-School Business Basics (Gr. 5), Economics of Staying in School (Gr. 8), Making Sense of Business (Gr. 9), After School (Gr. 9), The Company Programs (Gr. 9 - 12), Globe: International Trade (Gr. 11 - 12), Business Challenge (Gr. 11 - 12), Student Venture (Gr. 9 - 12), and Aboriginal Economics (Gr. 8). The availability of programs varies in each community. Check with your local JA to see what is available in your area.

Fredericton	455-6552	jafrednb@nb.aibn.com
Southeastern NB (Moncton)	858-0477	jamtn@nb.aibn.com
Southwestern NB (Saint John)	634-8409	jastj@nb.aibn.com
Northwestern NB (Edmundston)	739-6354	jaedm@nb.aibn.com
Chaleur, Restigouche and Miramichi (Bathurst)	548-3700	jaje@nb.aibn.com

NB Youth Apprenticeship Program

Provides an opportunity for students at the high school level to become actively involved in getting skills and work experience related to their occupational interests. While in school, students will have access to formal classroom instruction related to their occupational interests, and the opportunity to work in that area. The program begins upon completing grade 10 and continues through grades 11 and 12, and includes three paid summer work terms.

Contact the Youth Apprenticeship Program Coordinator at your local School District Office:

District 1 Dieppe	856-3333	District 10 St. Stephen	466-7300
District 2 Moncton	856-3222	District 11 Richibucto	523-7655
District 3 Grand-Sault	737-4567	District 14 Woodstock	325-4432
District 5 Campbellton	789-2255	District 15 Dalhousie	684-7555
District 6 Rothesay	847-6262	District 16 Miramichi	778-6075
District 8 Saint John	658-5300	District 17 Oromocto	339-7000
District 9 Tracadie-Sheila	394-3400	District 18 Fredericton	453-5454
Web site:	www.gnb.ca/0000		

YM-YWCA

Offers the Junior / Senior Leader Corps, and a Business Training Centre.

Saint John 634-7720

Youth Employment Strategy

The federal government offers programs to assist youth such as career planning, resume preparation, interview skills, job search techniques, etc. Contact the national Youth Info Line or visit the web site for more information:

Web site www.youth.gc.ca

Toll-free 1-800-935-5555 (Youth Info Line)

Youth Link

This resource booklet offers career information about programs available to youth, ages 15 to 30. For a copy of this publication, call or visit the web site:

Toll-free 1-800-935-5555 (Youth Info Line)

Web site www.youth.gc.ca

Aboriginal Youth Strategy Program

Offers a training program for Aboriginal youth.

Fredericton 458-8422

B. Job Opportunities

Canadian Armed Forces Recruiting Centre

Offers a variety of employment opportunities to individuals wishing to pursue a full or part-time career in the Canadian Armed Forces. A wide variety of employment plans are available ranging from basic entry (Private) to a full scholarship at a Canadian Military College or a civilian university (Officer Training). Applicants must be at least 18 years of age (or 17 with a parent or guardian's consent) and have completed a minimum of grade 10. Applicants must also be free of judicial and/or financial obligations.

Toll-free 1-800-856-8488

Federal Student Work Experience Program (FSWEP)

Offers full-time high school and post-secondary students an opportunity to apply for student jobs with the federal government. Applications are available at campus career centres, Job Search Centres, Career Information Centres, Service Canada Centres for Youth , and Public Service Commission of Canada offices. Call the Youth Info Line or visit the web site to apply to FSWEP online:

Toll-free 1-800-935-5555 (Youth Info Line)

Web site www.jobs.gc.ca

Moncton 851-6616 (Public Service Commission of Canada)

Job Search Centre

Offers local and national job listings as well as access to the Internet, word processors, fax, photocopier and telephone services. Also offers employment counselling and referral services. Open 8:30 a.m.– 4:30 p.m. Monday to Friday. Contact your local office for more information:

Fredericton	453-8269	Edmundston	735-2677
Bathurst	549-5878	Moncton	869-6944
Campbellton	789-2955	Miramichi	627-4000
Caraquet	726-2711	Saint John	643-7258
Woodstock	325-3927		

John Howard Society – Youth Options Program

Offers 8 to 20 week work programs for youth in conflict with the law and for youth at risk 16 and older. The goal of the programs is to increase their sense of self-respect and to better understand their choices and work responsibilities. It is also an opportunity to experience success on the job and to gain positive work references and experience in various fields. For more information, call the John Howard Society in your area.

Provincial office	457-9810	Miramichi	622-5135
Edmundston	736-0111	Moncton	854-3499
Fredericton	444-8166	Saint John	632-0800

SEED: Student Employment and Experience Development

This program is open to students attending a post-secondary institution in the fall and who have registered with the Central Provincial Student Referral Office. Students will be referred to employers who wish to offer students interesting and worthwhile summer projects. Applications are available at all New Brunswick university and community college campuses and Human Resource Service Centres.

Information is available through the Post-Secondary Education, Training and Labour's web site.

Web site www.gnb.ca

Fredericton 453-3818

Student Summer Job Action

Offers an extensive range of programs and services designed to help high school and post-secondary students find summer employment.

Toll-free 1-800-935-5555 (Youth Info Line)

Web site www.youth.gc.ca

Summer Mentorship Program for Female Students

Pairs female students with civil servants working in non-traditional or senior level jobs. Through the Province's JET Stream Program, young women will gain 12 weeks of valuable job experience in various regions of the province.

Fredericton

453-2141

Youth Internship Canada

Creates employment opportunities within emerging and expanding industries. The program focuses on skills development and work experience. It helps youth gain the types of employability skills they will need to enter the labour market and make the transition from school to work. This program is available to youth without a diploma or youth at risk. Call the Youth Info Line for more details.

Toll-free 1-800-935-5555 (Youth Info Line)

Youth Service Canada

Offers a program to help young people acquire valuable job and life skills through community service projects. Young people who are not attending school and are currently unemployed are eligible. Call the Youth Info Line for more details.

Toll-free 1-800-935-5555 (Youth Info Line)

C. Self-Employment

Junior Achievement Program

Offers students in grades 9 - 12 a chance to participate in this 8 month program through the Restigouche Business Financial Centre. Students start their own businesses from scratch. They are responsible for inventing their own product and developing their own business plan and marketing strategy.

Fredericton

455-6552

jafrednb@nb.aibn.com

Southeastern NB (Moncton)

858-0477

jamtn@nb.aibn.com

Southwestern NB (Saint John)

634-8409

jastj@nb.aibn.com

Northwestern NB (Edmundston)

739-6354

jaedm@nb.aibn.com

Chaleur, Restigouche and Miramichi (Bathurst)

548-3700

jaje@nb.aibn.com

Student Employment and Experience Development Program – Student Entrepreneurship

Provides students 16 years and older with an opportunity for self-employment through interest-free loans to operate their own summer business. Contact the Department of Post-Secondary Education, Training and Labour for more information

Bathurst

549-5766

Richibucto

523-7612

Campbellton

789-2411

Sackville

364-4304

Caraquet

726-2639

Saint John

643-7258

Edmundston

735-2677

Shediac

869-6944

Fredericton

453-2377

Shippagan

726-2639

Grand Falls

475-4025

St. Stephen

466-7627

Miramichi

627-4000

Sussex

432-2110

Moncton

869-6944

Tracadie-Sheila

726-2639

Neguac

628-4000

Woodstock

325-4406

Perth Andover

273-4559

Find the application booklet online at www.gnb.ca/0311/ENEntrepreneurshipbooklet.pdf

III. HEALTH AND WELL-BEING

A. Addiction Services and Programs

Regional Addiction Services Youth Treatment Program

Offers outpatient counseling for youth 12 to 19 years who are experiencing problems with drugs or alcohol. Both one-on-one counseling and seminars are offered. Contact your regional Addictions Services for more information.

Bathurst	547-2086
Campbellton	789-7055
Edmundston	735-2092
Fredericton	452-5558 (Victoria Treatment Centre)
Miramichi	623-3375
Moncton	856-2333
Saint John	674-4300 (Ridgewood Treatment & Rehab Centre)
Tracadie-Sheila	394-3615

Bathurst Youth Centre

Provides a safe and healthy environment for youth to hang out and have fun with friends. Drug and alcohol prevention workshops are offered.

Bathurst	549-3215
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Drug Abuse Resistance Education (D.A.R.E.)

D.A.R.E. helps elementary schoolchildren develop the skills to recognize and resist social pressures to try tobacco, alcohol and other drugs. A formal curriculum is taught by uniformed law enforcement officers to students in a classroom setting. Contact your local RCMP District:

District 1 Charlotte	755-1130	District 7 Woodstock	325-3000
District 2 Oromocto	357-4302	District 8 Tracadie-Sheila	393-3001
District 3 Hampton	832-5566	District 9 Campbellton	789-6000
District 4 Shediac	533-5151	District 10 Grand Falls	473-3137
District 5 Kent	523-4611	District 11 Riverview	387-2222
District 6 Blackville	843-9400	Codiac	857-2400

Local Police forces participating in the D.A.R.E. Program:

Grand Falls	475-7767
Rothesay	847-6300
Saint John	648-3251

John Howard Society

Offers Drug and Alcohol Addiction Counselling and Prevention Workshops. For more information, call your local JHS office.

Provincial office	457-9810	Miramichi	622-5135
Edmundston	736-0111	Moncton	854-3499
Fredericton	450-2750	Saint John	632-0800

Muriel McQueen Fergusson Foundation – School Chapters

The Muriel McQueen Fergusson Foundation (MMFF) supports the elimination of family violence through action research and effective public education programs. There are 2 school-based chapters. One is located at Fredericton High School and the other at Harvey High School. These Chapters promote awareness of family violence and healthy relationships in their own schools. Anyone interested in starting a school-based Chapter can contact the provincial MMFF office.

Toll-free 1-888-673-6633
Fredericton 472-5085 (Provincial office)

Portage New Brunswick

A provincial treatment program for drug addicted youth (14 - 21 years old). Offers a drug and alcohol-free program that encourages the young person to take charge of their life. Participation in the 6 – 8 month program is voluntary. Youth build self-esteem by developing family-like relationships, building on assets to create positive life situations, and strengthening their desire for rehabilitation. Various sports, leisure and therapeutic activities are available at the facility which can accommodate 40 young people.

Toll-free 1-888-735-9800

B. Life Skills & Counselling Services

Canadian Mental Health Association New Brunswick Division Inc.

Offers workshops and programs that promote good mental health. Workshops offered include: Adolescent Stress, Stress Management, Anger Management, Self-Esteem, Parenting, Assertive Communication, and, Assertiveness Training. Contact the provincial CMHA office for information about programs in your area:

Fredericton 455-5231 (Provincial office)
Web site www.cmha.ca

Programs aimed at young people include:

I'm Thumbody

Provides a two-hour self-esteem program to children in Grades 3. The program is presented by trained volunteers.

Suicide Awareness Presentation

Provides Middle and High School students with general information about suicide. This one to three-hour presentation includes a discussion of the size of the problem, how to identify the warning signs and determine risk level, and how to access help in the community.

Centre for Youth Care

Offers residential care for youth in need of therapeutic support.

Saint John 643-3361

Chimo Helpline

Offers friendship to the lonely and help to people in crisis through a 24-hour information, referral and crisis/suicide helpline. Chimo is a bilingual service that provides non-judgmental, confidential and anonymous service to all callers.

Toll-free 1-800-667-5005

St. Joseph's Community Health Centre

Provides a number of services to young people in the Saint John area, free of charge.

Saint John 632-5537 (All services are free)

Programs include:

Girl Talk

Offers teenage girls ages 14 - 19 an opportunity to discuss issues that are important to them. These chat groups are held on the last Wednesday of the month, 6:00 p.m. - 7:30 p.m. at the Community Health Centre.

Becoming Your Best

Provides teens with a skill development program designed to enhance self-esteem.

How to Make Anger Work for You

Provides teens with tools, skills and information. Helps them understand what triggers anger, explore creative alternatives, create choices in difficult situations, manage stress, deal with peer pressure, and more.

Who Am I, Anyway

Offers teen girls ages 12 - 15 a four-week self-exploration program.

Free 2 Be Me

Offers support and information to individuals with questions about their sexual identity. 632-5532

Turning Points

Offers a seven-week educational program to youth 17 and older with eating disorders.

Stress Unplugged

Offers teens ages 14 - 19 stress management programs and workshops.

Go For It!

Provides teen girls ages 15 - 19 with assertiveness training programs and workshops.

Dieppe Youth House

Offers one-on-one counselling to youth through an outreach program at a Drop-in Centre.

Dieppe 388-2665

Help-24 Au Secour

Offers help and referrals to people in crisis.

Moncton 859-4357

Info Line

Provides information about youth services available in Greater Saint John. Operates from 8:30a.m. to 4:30 p.m., Monday to Friday.

Saint John 633-4636 (Help-line)

John Howard Society

Offers youth (12 and older) and their families programs including anger management, family nurturing, and relapse prevention.

Provincial office	457-9810	Miramichi	622-4920
Moncton	854-3499	Edmundston	736-0111
Fredericton	450-2750	Saint John	643-2000

Kids Help Phone

Provides professional counselling, information and referral service to young persons up to 19 years of age living in Canada. The phone line is open 24-hours, seven days a week.

Toll-free 1-800-668-6868

Muriel McQueen Fergusson Foundation – School Chapters

The Muriel McQueen Fergusson Foundation (MMFF) supports the elimination of family violence through action research and effective public education programs. There are 2 school-based chapters. One is located at Fredericton High School and the other at Harvey High School. These Chapters promote awareness of family violence and healthy relationships in their own schools. Anyone interested in starting a school-based Chapter can contact the provincial MMFF office.

Toll-free 1-888-673-6633

Fredericton 472-5085 (Provincial office)

NB Mental Health Services

Offers youth treatment programs to help deal with issues that may include suicidal children and adolescents, depression, sexual abuse, extreme behavioural problems, dysfunctional families, separation and loss, anxiety-based problems and eating disorders. The counselling promotes the health and well being of the client, helps build self-esteem and improves coping skills. Contact your local Department of Health office for the service nearest you:

Bathurst	547-2038	Campbellton	789-2440
Caraget	726-2030	Edmundston	735-2070
Fredericton	453-2132	Grand Falls	475-2440
Miramichi	778-6111	Moncton	856-2444
Richibucto	523-7620	Saint John	658-3737
St. Stephen	466-7380	Woodstock	325-4419

Pierre Caissie Youth Treatment Centre – Residential Program 856-3262

Restigouche Family Crisis Intervenors Inc.

The Community Integration Program offers support to families of children with special needs. Counsellors encourage the child's development and integration into the community through one-on-one counselling. Children learn life skills such as eating and dressing by themselves, and how to deal with refusal. This free service is designed to assist special needs youth ages 0 - 19.

Campbellton 759-6688

E-mail rfdi@nb.sympatico.ca

Web site www.rfdi.nb.ca

Women's Resource Centre - YWCA Moncton

Provides opportunities, resources and support for women and their families. Programs offered include: an Eating Disorder Resource Centre, Health and Wellness programs, Personal Development programs, and, legal services and education.

Moncton 855-4349

Web site www.ywcamoncton.com

Email info@ywca.com

C. Support Services (Respite Care, Support Groups)

Al-A-Teen

Offers a support group with weekly meetings for young people living with an alcoholic parent. Contact the Chimo Helpline or your local Alcoholics Anonymous for information about support groups in your area.

Fredericton 450-3094 (Provincial Office)
 Toll Free 1-888-425-2666

Big Brothers and Big Sisters of Canada

Matches supportive adult volunteers with youth ages 6 - 16, from single parent families. The adults act as positive role models for the youth. All volunteers are screened by professional caseworkers and a committee of the board of directors.

Web site	www.sharealittlemagic.ca		
Fredericton	458-8941	Saint John	635-1145
Miramichi	778-2444	Sussex	433-5995
Moncton	857-3047	Woodstock	328-2094

Children's Wish Foundation of NB

Grants wishes to terminally ill children. Children must be between the ages of three and eighteen and their medical condition must be verified by a physician.

Toll-free 1-800-267-9474
 Web site www.childrenswish.ca

Suicide Bereavement Support Group

Support for friends or relatives of those who have died as a result of suicide. Literature and one-on-one support is available. This program is offered by the Canadian Mental Health Association.

Fredericton 458-1803
 Web site www.cmhafo.ca

D. Sexual Health Services and Programs

AIDS NB Information Line

Trained volunteers provide callers with information about AIDS symptoms, transmission and testing. Information about prevention and assistance in accessing other community resources is also available.

Toll-free 1-800-561-4009
 Web site www.aidsnb.com

Baby Think It Over

This pregnancy prevention program provides teens with a simulated parenting experience to help them understand three important facts about babies:

- their demands are unpredictable and must be met promptly
- they require a great deal of time and attention; and,
- the responsibilities of parenting change a person's lifestyle completely.

The program is available to teachers, professionals or other community organizations for presentation to youth.

St. Joseph's Community Health Centre 632-5544

Birthright NB

Offers support services to pregnant teens, including free confidential counselling for youth and their families, anonymous pregnancy testing, and non-judgmental support throughout pregnancy and following the birth. They can provide information on alternatives to abortion, pregnancy information, adoption information and professional and medical referrals and assistance with maternity and infant clothing and accessories, living arrangements and financial burdens.

Toll-free 1-800-550-4900
 Fredericton 454-1890
 Web site www.birthright.org.

Crisis Pregnancy Centre

Offers the following services to youth and their families who are or think they may be experiencing a crisis pregnancy: free pregnancy tests, information on available options, confidential counselling, medical and other professional referrals, maternity and infant clothing and accessories, and continued support following birth. The centre also offers a program of peer counselling, healing and recovery for mothers and others affected by past abortion experiences. All services are free.

Saint John 634-8672 (Wednesdays only)
 Greater Moncton 857-3033 (24-hour hotline)
 Sussex 432-4006

Early Intervention Program

Offers young moms support and parenting skills to help give their children a good start in life. Contact your local Public Health office or the number below for information about an Early Intervention Program near you.

Fredericton 454-8698

Gignoo Transition House

Provides programs and services to women and children from First Nations communities. Gignoo programs and services are designed to stop violence and respond to crisis and include the following: peer counselling, budget and financial planning, healthy lifestyles program, traditional healing, resource contacts, parenting skills, victim services, anger management, and workshops on family violence.

Toll-free 1-800-565-6878

Mother and Child Welcome House

Established to extend recognition, welcome and support to mothers, fathers and children during pregnancy and following birth. Offers the latest information on sexuality, pregnancy, fetal development, miscarriage, reproductive technologies, bio-ethics and end of life care.

Fredericton 459-5901
Toll Free 1-866-980-2273

Sexual Assault Crisis Centre

Offers confidential counselling from trained volunteers, including: support and follow-up for victims/survivors of sexual violence (sexual assault, harassment, sexual abuse, incest), information on police investigations, medical needs and legal procedures, accompaniment to the hospital, police station, court, and, referrals to agencies. Programs offered include a Self-Protection Teen Girls and Dating Violence Prevention Classroom Program.

Fredericton 454-0437 (24-hour Crisis Hotline) (Provincial Office)
Web site www.aware-nb-averti.org

Sexual Health Centre

Offers information about birth control and sexually transmitted diseases, as well as counselling on sexuality and reproductive health issues. HIV testing, pregnancy testing and counselling are available by appointment only. You do not have to give your name to have HIV testing done. Pregnancy testing and counselling at the Centre are completely confidential.

Campbellton	789-2348	Fredericton	453-5200
Grand Falls	475-2441	Miramichi	778-6107
Moncton	856-3310	Saint John	658-3998

Support to Single Parents

Offers programs designed to make positive changes in the lives of single parents and their children including personal growth and development programs, parenting classes, a single father's group, a drop-in centre, child care services, and a Residential Program.

Moncton 858-1303

VON Canada NB – Healthy Baby & Me

(Formerly LEAP: Lifestyle Education for Adolescent Parents)

A series of programs designed to support and educate expectant teens or teens parenting an infant up to six months of age. Contact the number listed for your area or call the provincial Victoria Order of Nurses (VON) office:

Administration:	www.von.ca		
Acadian Peninsula	727-0024	Perth Andover	273-4461
Bathurst	546-4490	Richibucto	523-8161
Campbellton	789-0333	Saint John	672-9647
Edmundston	739-8891	St. George	755-8805
Fredericton	459-8582	St. Stephen	465-7940
Miramichi	773-7005	Sussex	433-6336
Moncton	389-2229	Woodstock	328-2944
Oromocto	459-8582		

E. Victim Services, Shelters and Crime Prevention Programs

Agence Résidentielle Restigouche

Provides free residential care to youth with the goal of stabilizing the youth's health and well-being. A team of psychologists and parents decide the best approach for the youth's recovery. This bilingual service is available to youth of all ages, either by self-referral or referral by Mental Health or Human Resource Development.

Campbellton 759-6646

Beausejour Family Crisis Resource Centre

Offers a place for people experiencing to drop in or call for assistance, including emotional support, short-term counselling, information on services available and referrals to appropriate agencies.

Shediac 533-9100

Centre for Youth Care

Offers residential care for youth in need of therapeutic support.

Saint John 643-3361

Chrysalis Home – Youth in Transition

Chrysalis Home provides long-term shelter for young women ages 16 - 19. Women staying at Chrysalis must attend an educational institution and obey the rules, which strictly forbid drugs and alcohol. If school is not available, woman who are working or doing volunteer work can stay at Chrysalis Home. Women may be self-referred, or referred by their school or doctor. Traditionally, women can stay up to 30 days in a transition home, but Chrysalis provides shelter as long as needed, up until the woman's 19th birthday when other accommodations are sought.

Fredericton 451-4767

Coverdale Centre

Offers a unique program for young offenders ages 12 - 16, called Youth Shoplifting Deterrence. Youth are usually referred by Probation, alternative measures or community programs to take advantage of this free service. Counselling sessions show youth the impact of their offenses on the community and help them understand the consequences of, and accept responsibility for their actions.

Saint John 634-1649

Crime Stoppers - NB

This civil-run organization is designed to help solve and prevent crimes in schools and on the street by encouraging youth to improve their school environment and take an active role in lowering the crime rate. Witnesses can call the toll free number to pass on information that could help solve a crime. This service is confidential.

Toll-free 1-800-222-8477 (TIPS)

Elizabeth Fry Society

Offers a bilingual crime prevention program aimed at kids in Gr. 5. The program is designed as a classroom presentation complete with videos, workbooks and an essay contest. The focus of the program is teaching students to be responsible members of their community and educating them about the impact crime has on their community.

Moncton 855-7781

Email efrynb@nb.aibn.com

Fredericton Young Offenders Services

Provides counselling to encourage young offenders, ages 12 - 18, to not re-offend. Also offers the Alternative Measures Program for non-violent offenders as an alternative to going to court. The Program includes workshops on shoplifting and drug abuse, and teaches youth accountability and responsibility for their actions. The RCMP or police must refer youth.

Fredericton 453-3928

Gignoo Transition House

Provides programs and services to women and children from First Nations communities. Gignoo programs and services are designed to stop violence and respond to crisis and include the following: peer counselling, budget and financial planning, healthy lifestyles program, traditional healing, resource contacts, parenting skills, victim services, anger management, and workshops on family violence.

Toll-free 1-800-565-6878

The Kindness Club

A non-profit organization that teaches children and youth about animals and the environment. Services include pet shows, a newsletter, video lending library, special events, and educational presentations. There is a small membership fee, but inability to pay will not mean that a young person can not join. Promotes the First Strike program which teaches about the links between cruelty to animals and human violence. Kindness Clubs have been started in schools and youth centres around the province. For more information about programs or a Kindness Club in your area contact:

E-mail kindness@nb.aibn.com
Fredericton 459-3379 (Provincial office)

NB Child Protection Services

Services are offered for children under 16 or mentally or physically challenged youth under 19 who are being abused. The abuse may be physical, sexual or emotional. Social workers determine what services are appropriate to assist the victim and the family.

Toll-free 1-888-992-2873
After-hours emergency 1-800-442-9799

NB Coalition of Transition Houses

Transition Houses and Shelters across the province provide a range of services for women and youth who are victims of domestic violence. In addition to providing a safe place to stay, many organization offer outreach programs which provide counselling and support to victims. The NB Coalition of Transition Houses website can help you find a transition house or shelter in your area and provide more information about the services available.

www.nbcth.com
St. Stephen 466-5879

Victim Services

Offers support for victims and witnesses in criminal cases, including assistance preparing a Victim Impact Statement, short-term counselling, compensation for victims of crime, information about requesting restitution through court, and information about Offender and Correctional Programs.

Contact your local office:

Bathurst	547-2924	Bouctouche	743-7233
Burton	357-4035	Campbellton	789-2388
Edmundston	735-2543	Fredericton	453-2768 (Provincial office)
Grand Falls	473-7706	Miramichi	627-4065
Moncton	856-2875	Richibucto	523-7150
Saint John	658-3742	Shediac	533-9100
St. Stephen	466-7414	Tracadie-Sheila	394-3690
Woodstock	325-4422	Web site	www.gnb.ca

Victim Services Program

This unit of the police department operates as a liaison between the victim, the police and social agencies and a crisis response service. The unit provides crisis counselling at the time of the incident, emotional support, information on the judicial process and court attendance.

Fredericton	460-2422	Rothesay	847-6300/848-6623
Saint John	648-3269		

F. Legal Information Sources

Family Law Clinic - YWCA Moncton

Offers free legal advice to women who can't afford a lawyer. Legal advice is offered on family law topics which include separation, divorce, custody and division of property. The clinic is staffed by volunteer lawyers. The clinic is open one day a week for appointments.

Moncton	855-4349
Web site	www.ywcamoncton.com

Legal Advice Clinic

Offers free legal advice. The Clinic is held at Wilmot United Church on the corner of King and Carleton in Fredericton. The Clinic usually meets on the first and third Monday of each month. You can visit the Wilmot United Church website and check the Calendar or Events for dates and times or call the number below for more information.

Fredericton	458-1066
www.wilmotuc.nb.ca	

Public Legal Education and Information Service of New Brunswick (PLEIS-NB)

Offers information about the law to the public through publications, information services, a Speaker's Bureau, and a Video Lending Library. Most of PLEIS-NB's publications are available free of charge. Information is available on topics that include Youth Justice, dating violence, babysitting, child custody and access issues, child support, landlord and tenant relationships, and divorce and separation issues.

Web site	www.legal-info-legale.nb.ca
E-mail	pleisnb@web.ca
Fredericton	453-5369 (Provincial office)

IV. RECREATION AND LEISURE

A. Service Clubs

Boys & Girls Club

Provides a safe, non-judgmental environment where children and teens can develop skills, self-confidence and social values to become healthy adults. Local clubs may offer a variety of services to youth, including teen drop-in centres, sports, arts and crafts, games, drama, summer camps, after-school programs, breakfast programs, field trips, cooking classes, woodworking, movie nights, bingo, and more. Programs and services vary. Contact your local club to see what they offer:

Dieppe	857-3807	Eel River Bar	684-6277
Fredericton	453-1388	Grand Manan	662-3653
Havelock	534-8298	Miramichi	778-2444
Moncton	853-7356	Moncton East End	857-0358
Petitcodiac	756-2841	Riverview	387-7070
Salisbury	372-5873	Saint John	847-0816
St. Stephen	466-4300	Web Site: www.bgccan.com	

Cadets Canada

Offers youth ages 12 to 18 an opportunity to participate in a variety of challenging and rewarding activities and learn more about the Canadian Forces. Cadets choose to belong to either the Sea Cadet, Army Cadet or Air Cadet program. Sea cadets learn seamanship skills and how to sail. Army cadets focus on adventure training activities such as outdoor adventure and camping expeditions. Air cadets learn the principles of aviation, and some learn to pilot gliders and power airplanes. Visit the web site or call for more information.

Web site	www.cadetscanada.com
Air Cadets	1-888-848-6333 ext. 4
Army Cadets	1-888-848-6333 ext. 3
Sea Cadets	1-888-848-6333 ext. 2

4-H Clubs of New Brunswick

An education program offered outside of school for youth ages 9 - 21. Volunteers run the 4-H clubs which offer a wide variety of activities including cooking, crafts, sewing, woodworking and photography, as well as raising dairy cows, beef cows, and horses.

Woodstock 324-6244 (New Brunswick 4-H Council)

Girl Guides of Canada – New Brunswick Council

Provides opportunities for fun, friendship and adventure to girls ages 5 - 21. The program is activity-based and designed to foster creativity, to promote social, physical, intellectual and emotional growth, and to promote learning, self-reliance, resourcefulness, leadership, co-operation and self-discipline. Levels include Sparks (5 - 6 year-olds), Brownies (7 - 8), Guides (9 - 12), Pathfinders (12 - 15) and Cadets, Junior Leaders and Rangers (15 - 21).

Web site	www.girlguides.ca	E-mail ggnbc@nbnet.nb.ca
Saint John	634-0808 (Provincial office)	

Multicultural Association

The Multicultural Association facilitates a group for youth ages 14 - 20. Participants in the youth group meet once a week to enjoy sports and recreational activities. A Rainbow of Culture Camp is also offered to youth ages 6 - 11. Kids are entertained with recreational, leisure and crafts activities for 5 weeks.

Fredericton 454-8292

Scouts Canada

Provides opportunities designed to help boys and girls ages 5 - 21 become self-fulfilled individuals and constructive members of society. For information on Scouting in your area, call the NB headquarters at:

Toll-free 1-888-ScoutsNow Web site: www.scoutsnb.ca
 Saint John 646-9120 (Provincial Office)

YMCA

Offers swimming programs, sport and fitness programs, day camps, childcare and after-school programs. Additional programs may be offered at various locations. The YMCA is a non-sectarian agency that places emphasis on leadership and personal development. Everyone is welcome; subsidized memberships are available based on ability to pay.

Fredericton 462-3000
 Moncton 857-0606
 Saint John 634-7720

B. Community Youth Centres

Bathurst Youth Centre

Provides a safe and healthy environment for youth to hang out and have fun with friends. Facility includes a restaurant, pool tables, arcade, games, gym, skateboard park, and trampoline. Activities offered include dances, variety shows, karaoke nights, movie nights, contests and tournaments. Programs offered include volunteer and staff training program, drug and alcohol prevention workshops, educational workshops, and the Chaleur Community Youth Worker Program. The Centre is available for all youth activities and organizations as requested. Open daily.

Bathurst 549-3216

Chipman Community Youth Centre

This community-based Teen Centre offers a sport facility, employment and resource counsellors, an After-School Program, Summer Recreation Program Camps, and more. The After-School Program, offered to youth in Gr. 6 - 12, provides students with free snacks and a place to just "hang out". On Fridays, a structured event is organized at the Centre. The Summer Recreation Program Camps are available for youth ages 5 - 14. Participants can choose from a variety of recreational activities, including basketball, volleyball, softball, and soccer. The centre is open to all youth ages 5 - 24. Fees are only charged for special programs such as dances, but can be waived if the youth is unable to pay. If transportation is a problem, organizers can arrange a car pool. The Centre is operated in part by a Youth Advisory Committee. Organisers promote a motivational philosophy known as RESPECT: Responsibility, Empathy, Self-Sufficiency, Productivity, Empowerment, Co-operation, and Tolerance. Staff is specifically trained to work with youth.

Chipman 339-8834

St. Joseph's Community Health Centre

Offers a Teen Drop-in Centre and a Teen Night. All services and programs are free. The Teen Drop-in Centre provides a place to hang out, do homework, talk or play with friends, use the computer or play in the pool. Open Monday 1 - 9 p.m. and Tuesday through Friday 1 – 5 p.m. The Teen Night provides an opportunity for youth to explore important issues in a fun and interactive way.

Saint John 632-5537

Dieppe Youth House

Provides a Drop-in Centre for youth ages 13 - 18. The facility offers a BMX park with ramps, as well as an art centre and computer room. Events include dances, outings and a prevention program organised by a Youth Committee. Memberships are \$5 per year.

Dieppe 388-2665

Golden Hawk Teen Centre

Provides a swimming pool, gymnasium, pool table, cable television, Internet access, Nintendo, card and board games and a skate park for youth to use in a positive, safe, fun-filled, supervised environment. Open Tuesday, Thursday and Saturday. Contact the Miramichi Community Recreation Department for more information.

Miramichi 623-2054

Hawkins-Neville Community Centre

Offers various activities and programs, including a free hot lunch program during the school year. The Youth centre is run by youth, for youth. The objective of the centre is to increase youth involvement in the community. The Youth Centre is open 8:30 a.m. - 9:00 p.m., Monday to Friday, for young people up to age 18.

Fredericton 453-6671

Native Friendship Centre

This Drop-in Centre for youth ages 14 - 24 offers drumming and craft sessions. The goals of the program are to help build self-esteem, improve teamwork and communication skills, and increase youth understanding of Native culture. The Centre is open Monday to Friday from 9:00 a.m. - 4:30 p.m. and is free of charge.

Fredericton 459-5283

On the Move

Provides girls ages 10 - 15, with equal access to recreational programming free of competitive pressures. Activities offered include line dancing, sports, crafts, horseback riding, canoeing, swimming and much more. Contact the Miramichi Community Recreation Department for more information.

Miramichi 623-2054

C. SPORTS ORGANIZATIONS AND CULTURAL PROGRAMS

1. Sports Organizations

Sport New Brunswick

Sport New Brunswick maintains a comprehensive directory of sports programs throughout the Province. Offers support programs that promote sports in New Brunswick. Programs include: an Athlete/Team of the Month Award; Communication Services; Compass Sport Awards; Creating a Safe Environment for Sport; Fair Play Awards; Harassment Training; an Insurance Program; KidSport Trust Fund; Leadership Workshops; Member Web Sites; Olympic Pins' Provincial Sport Arbitration; Sand Dollar Draw; Sport Directory; Sport Focus; Sport Forum; Sport For Fun, For Life, Forever!; and, the Sport NB web site.

Web site www.sport.nb.ca
 Fredericton 451-1320 (Provincial office)

Sport New Brunswick maintains a comprehensive directory of sports programs throughout the Province. Contact the Provincial office or their web site for current contact information for the following sports:

Archery	Athletics	Badminton	Baseball
Baton	Bowling	Boxing	Canoe
Curling	Diving	Equestrian	Fencing
Football	Golf	Gymnastics	Handball
Hockey	Horseshoe	Judo	Karate
Lacrosse	Lawn Bowling	Martial Arts	Orienteering
Racquetball	Ringette	Rowing	Rugby
Sailing	Shooting	Skating	Ski
Soccer	Softball	Special Olympics	Squash
Swimming	Taekwondo	Tennis	Volleyball
Wheelchair Sports	Wrestling		

KidSport Fund

Provides assistance to remove financial barriers that prevent many New Brunswick youth from participating in sports. Applicants who are granted funds from KidSport will receive up to \$200 for registration fees and/or mandatory equipment. Funds are given directly to selected sports clubs and organizations. Sponsors directly involved with potential KidSport recipients, such as parents, teachers, and social workers, submit an application form on behalf of the youth to the KidSport Fund. All money raised through special events and personal donations goes entirely to the KidSport Fund to be redistributed to NB children and youth. Visit the web site for more information and access to the application.

Toll-free 1-888-543-7767
 Web site www.sport.nb.ca/kidsport

NB Amateur Hockey Association

Offers youth 5 years and older an opportunity to play on a hockey team. Visit the web site for information about hockey programs near you or contact the Association:

Web site www.nbaha.nb.ca
 E-mail nbahabrwnbnet.nb.ca
 Fredericton 453-0089 (Provincial contact)

Parks and Recreation

Provides a directory of information about local sports and recreation facilities and programs available to the public. Visit the web site or contact the office nearest you for more information.

Web site www.recreationnb.ca

Bathurst	548-0410	Bath	278-5923
Campbellton	789-2717	Cap-Pele	577-2030
Caraquet	727-1703	Clair	992-6043
Dalhousie	684-7600	Dieppe	857-2083
Dorschester	379-3030	Edmundston	739-2104
Florenceville/Bristol	392-6797	Fredericton	460-2230
Grand Bay-Westfield	738-6423	Grand Falls	475-7770
Grand Manan	662-3605	Hampton	832-6102
Hartland	375-4222	Kedgwick	284-2276
Lamèque	344-3222	McAdam	784-1400
Minto	327-1114	Miramichi	623-2300
Moncton	853-3519	Nackawic	575-2240
Neguac	776-3950	New Maryland	451-8508
Oromocto	357-3333	Perth Andover	273-4845
Petit-Rocher	783-3644	Plaster Rock	356-6081
Pointe Verte	542-2606	Quispamsis	849-5750
Riverview	387-2031	Rogersville	775-1206
Rothsay	848-6606	Sackville	364-4955
Saint Antoine	525-4020	Saint John	658-2841
Saint Anne De Madawaska	445-2449	Saint Louis de Kent	873-3420
St. Basile	263-1310	St. Francois de Madawaska	992-0134
St. Quentin	235-1951	St. Stephen	466-7707
Shediac	532-7000	Sussex	432-4573
Tracadie-Sheila	394-4018	Woodstock	325-4671

Sport, Recreation and Active Living

(Branch of the Culture and Sport Secretariat)

Provides information on programs that help recognized provincial sport organizations develop the potential of their athletes. Support programs include: Provincial Team Assistance; High Performance Athlete Assistance; Training Centres; National Sport Centre – Atlantic Canada; Canada Games – New Brunswick Division; Jeux de la Francophonie; Funding for Provincial Games (Indian Games, Senior Friendship Games, Jeux de l'Acadie); 2003 Canada Winter Games; and, World Championships.

Bathurst	547-2478	Campbellton	789-2387
Edmundston	735-2279	Fredericton	453-2928
Miramichi	778-6688	Moncton	856-3118
Saint John	658-2492	Woodstock	325-4729

2. Cultural Programs

Duke of Edinburgh's Award

This prestigious award challenges youth ages 14 - 25, to broaden their interests and experiences by participating in a balanced program of practical, cultural and adventurous activities. Programs are designed to suit individual aptitudes and relate to local needs and conditions. To qualify for the award, a young person must first register and obtain a Record Book, and then satisfy the requirements of the four sections of the Award Program – Service, Expeditions, Skills and Fitness. The registration fee is \$15.

Web site: www.dukeofed.org
 Fredericton 453-3662 (Provincial office)

The Kindness Club

A non-profit organization that teaches children and youth about animals and the environment. Services include pet shows, a newsletter, video lending library, special events, and educational presentations. There is a small membership fee, but inability to pay will not mean that a young person can not join. Promotes the First Strike program which teaches about the links between cruelty to animals and human violence. Kindness Clubs have been started in schools and youth centres around the province. For more information about programs or a Kindness Club in your area contact:

Web site www.kindnessclub.nb.ca
 E-mail kindness@nb.aibn.com
 Fredericton 459-3379 (Provincial office)

NB Sound Initiative

Offers assistance to NB recording artists, producers and distributors of sound recording products with all aspects of the music and sound recording industry. The program offers assistance with production, marketing and promotion, and professional training. Applications are available by calling the number listed below.

E-mail sound@gnb.ca
 Fredericton 453-2555 (Provincial office)

NB Trails Council

Offers an activity book for elementary students and the Adopt-a-Trail program for schools. Other youth-oriented programming is also available. Visit the web site or contact NB Trails Council for information about how you can get involved:

Web site www.nbtrail.com
 Fredericton 459-1931 (Provincial contact)

D. Volunteer Opportunities

Atlantic Youth Bowling Council

Offers tournament, competitive and recreational bowling for youth ages 4 - 19. Youth can inquire about volunteer opportunities by contacting the Council:

Fredericton 684-5595 (Provincial contact)

Big Brothers and Big Sisters of Canada

Matches supportive youth volunteers with youth ages 6 - 16 from single parent families. The adults act as positive role models for the youth. All volunteers are screened by professional caseworkers and a committee of the board of directors.

Toll-free	1-800-263-9133	Web site	www.bbsc.ca
Fredericton	458-8941	Sussex	433-5995
Miramichi	778-2444	Woodstock	328-2094
Moncton	857-3047	Saint John	635-1145

Canadian Red Cross

Provides training to young volunteers so that the youth can assist in providing first aid at events and participate in Red Cross projects in their community.

Fredericton	458-8445
Moncton	863-2650
Saint John	674-6132

Chimo Helpline

Offers volunteer opportunities to individuals who are compassionate, understanding and non-judgmental. A training program is provided to youth who volunteer as Crisis-line Intervenors.

Toll-free	1-800-667-5005
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Crisis Pregnancy Centre

Offers volunteer opportunities for individuals interested in helping with activities and assisting teens and women of the Greater Moncton area. A comprehensive 21-hour training schedule is offered.

Web site	www.pregnancysupport.ca
E-mail	cpchelp@rogers.com
Greater Moncton	857-3033

Katimavik

The Katimavik program offers youth ages 17-21 the opportunity to live and volunteer in three different regions of Canada over a 9 month period.

Web site	www.katimavik.org
E-mail	info@katimavik.org
Toll-free	1-888-525-1503

St. John Ambulance Saint-Jean – New Brunswick Council

Provides training to volunteers who want to provide first aid coverage at community events.

Toll-free	1-800-563-9998
Web site	www.sja.ca/nb
Fredericton	458-9129 (Provincial office)

Volunteer Bureaus / Centres

Matches individuals to local organizations looking for volunteers.

Moncton	869-6977	vcbed@nbnet.nb.ca
Saint John	658-1555	volunter@fundy.net
St. Stephen	466-4995	vcc@nb.sympatico.ca

Women's Resource Centre - YWCA Moncton

Volunteers are needed to perform a variety of duties including reception, office work, fundraising, and program development.

Moncton 855-4349

YMCA

Volunteers are highly valued and central to the program operation of the YMCA. For information on how youth can help, contact your local YMCA.

Fredericton 462-3000

Moncton 857-0606

Saint John 634-7720

Youth Volunteer Award Program

New Brunswick youth between the ages of 15 -24 who complete 100 hours of volunteer work are eligible for the Youth Volunteer Award. Contact the Culture and Sport Secretariat for more information on the program.

Web site <http://www.ted-fde.gnb.ca/onthemove/volunteer.htm#Award>

Fredericton 453-2928

V. SERVICES FOR YOUTH WITH DISABILITIES**Canadian Deaf, Blind and Rubella Association**

Provides intervention services to visually and hearing impaired children and adults throughout New Brunswick.

Fredericton 452-1544 (Provincial office)

Canadian National Institute for the Blind (CNIB)

Provides a wide range of services to the blind/visually impaired, including: rehabilitative teaching; library service in Braille and talking books; eye bank registry; and pre-school and mobility training. A sight enhancement program offers services to those who are not qualified for registration as legally blind.

Fredericton 458-0060 (Provincial office)

Canadian Paraplegic Association (New Brunswick) Inc.

Provides mobility-impaired youth and paraplegics with counselling, education, training assistance, job placement and public education.

Fredericton 462-9555 (Provincial office)

Camp Rotary

Offers fully accessible summer camping to disabled children and adults. Owned by the Fredericton Rotary Club and operated by New Brunswick Easter Seal March of Dimes.

Web site www.camprotary.ca

E-mail rotaryc@nbnet.nb.ca

Fredericton 458-8739

Children's Wish Foundation of NB

Grants wishes to terminally ill children. Children must be between the ages of three and eighteen and their medical condition must be verified by a physician.

Toll-free 1-800-267-9474

Deaf and Hard of Hearing Services NB

This employment agency for the deaf and hard of hearing helps clients get jobs and improve education levels. The service helps write resumes and prepare for interviews. It also provides information about applying to university or community college, including referring clients to special aids, tutorial services and advising clients on how to get a student loan. Organisers make efforts to get to know their clients in order to discover their interests and needs. This free service is available in English, French and ASL.

Bathurst 548-3114

Dial-A-Bus

Provides transportation in the city for disabled people only. Twenty-four hour notice is preferred. Transportation is not guaranteed – seats are provided as available. Operates 8 a.m. - 11 p.m. Monday to Friday, and 10 a.m. - 11 p.m. Saturdays.

Fredericton 460-2212

Easter Seal March of Dimes

Offers resources to people with physical disabilities including various personal services, an Equipment Assessment Loans Bank, information and consultation about rehabilitation technology, information and education about rehabilitation and disability, equipment repair, Camp Rotary and a Toy Library that lends toys to disabled kids for up to one month.

Web site www.easterseals.nb.ca

Fredericton 458-8739 (Provincial office)

Jobs Unlimited

An employment agency for persons facing employment barriers.

Fredericton 458-9380

Web site: www.jobs-unlimited.org

Lakeland Industries

Provides training and employment for the mentally challenged in a sheltered workshop. Under the supervision of their trainers, the shelter staff makes survey stakes and picnic tables to be sold. Transportation is provided.

St. Croix 784-2251

Learning Centre

Offers free assessments of pre-school and school age children who are experiencing learning difficulties, as well as ongoing consultation for teachers of children with special needs. The Centre works to develop individual educational programs to help those with learning difficulties.

Fredericton 453-3515

Learning Disabilities Association of NB

Provides information to increase public awareness using a Lending Library, Speakers' Bureau and Helpline. The Lending Library offers educational tapes, books and videos. The Speakers' Bureau offers professional developments days for groups of teachers, counsellors and others. The Helpline operates from 8:30 a.m. - 4:30 p.m. Monday to Friday.

Toll-free 1-877-544-7852
 Fredericton 458-7852 (Provincial office)
 Web site www.nald.ca/ldanb.htm
 E-mail ldanb@nald.ca

Moncton Community Residences Incorporated (MCRI)

Provides residential options and support for individuals with developmental challenges; support for young adults living on their own; respite relief for families; recreation, assessments and consultation for specific family needs; a drop-in centre; and personal wellness training workshops.

Moncton 858-0550

NB Association for Community Living

NBACL is a provincial, voluntary, non-profit organization that works on behalf of children and adults with intellectual disabilities and their families. NBACL supports families, provides training and education, does research, and provides inclusive recreation and leisure opportunities and more.

Fredericton 453-4400 (provincial office)
 Toll free 1-866-622-2548
 Web site www.nbacl.nb.ca

NB Child Protection Services

Services are offered for children under 16 or mentally or physically challenged youth under 19 who are being abused. The abuse may be physical, sexual or emotional. Social workers determine what services are appropriate to assist the victim and the family.

Toll-free 1-888-992-2873

Skate/Patinage Canada, New Brunswick

Offers figure skating programs for all ages. Programs vary regionally and may include the Can-Skate program, competitive and recreational skating, special needs programs, and Powerskating. Visit the web site or call the Association for information about the figure skating club nearest you.

Web site www.skatenb.org
 Fredericton 451-1321 (Provincial contact)

NB Special Olympics Society Inc.

Provides opportunities for youth with a mental disability to participate, train and compete in sporting activities matched to their age and suited to their ability.

Toll-free 1-888-362-5926
 Fredericton 459-3999

NB Wheelchair Sports Association

Provides recreation sports at all levels for people with disabilities. Volunteers run the services offered by the Association. You can volunteer with the Association to raise money, participate in the sports or run the sports. Call the number below for information.

Saint John 674-1205 (Provincial contact)

Neil Squire Foundation

Computer-based literacy upgrading for young people with physical disabilities. Speech Assisted Reading and Writing, and Speech Assisted Math are talking computer programs designed to teach basic reading, writing and math skills to adults with disabilities. Also helps disabled young adults become employable. Creative Employment Options is a comprehensive, individualized employment training program where participants expand skills and knowledge in computer applications, adaptive technology and vocational preparation.

Fredericton 450-7999 (Provincial office)

Opal III Respite Services

This community-based program recruits and trains volunteers to care for children or adults with intellectual disabilities. Opal III also helps parents find affordable sitters. One relief apartment is available for a child up to age 20 with an intellectual disability. Contact Opal III for information about these and other services.

E-mail opal@nb.ainb.com
Fredericton 454-1922

Provincial Artisans

This organization provides employment and vocational training opportunities to youth with disabilities.

Fredericton 459-1404

Restigouche Family Crisis Intervenors Inc.

The Community Integration Program offers support to families of children with special needs. Counsellors encourage the child's development and integration into the community through one-on-one counselling. Children learn life skills such as eating and dressing by themselves, and how to deal with refusal. This free service is designed to assist special needs youth ages 0 - 19.

Campbellton 759-6688
E-mail rfc@nb.sympatico.ca

Speak Easy

Offers a support group for people who stammer.

Saint John 696-6799

Vehicle Retrofitting and Accessible Vehicle Program

Offers a grant of 80% of the first \$5,000 plus 50% of the next \$6,000 (whichever is less) to individuals, registered non-profit organizations, municipalities or private companies who want to make a vehicle accessible so that disabled individuals can be transported or can drive. Visit the Department of Transportation web site or call the number below for more information.

Web site www.gnb.ca/dot
Fredericton 453-2802 (Provincial office)

